





## Morgan S. Varn

You can find me at: www.morgansvarn.com







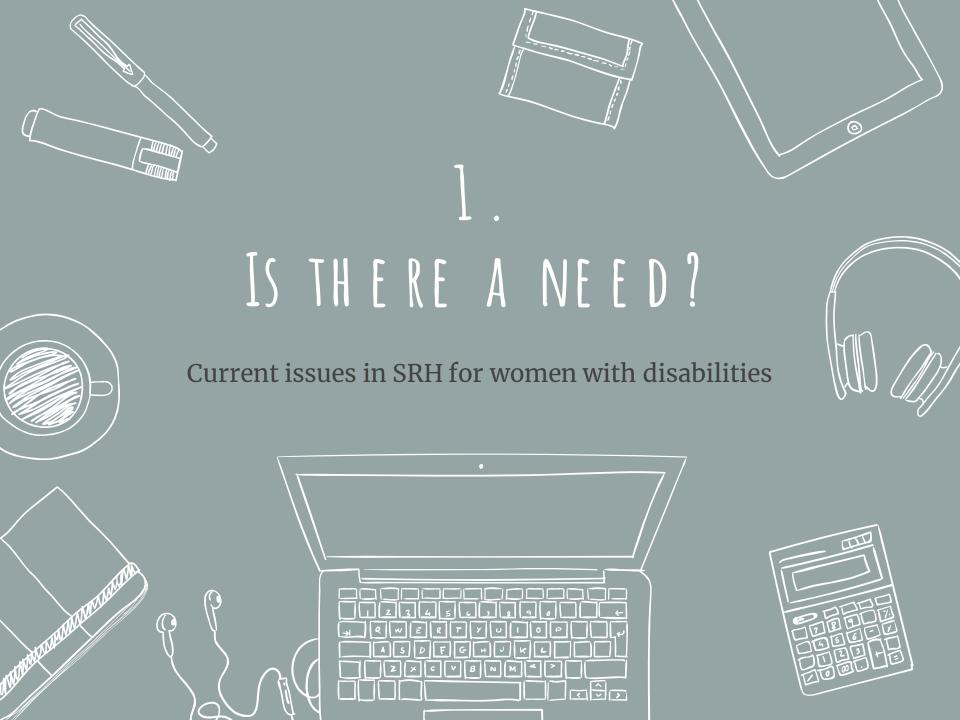
# O B JE CTIVES



- 1. Discuss current sexual health issues in women with disabilities
- 2. Meet Project TEASE
- 3. Introduce new resources for family, friends, and health professionals of women with disabilities





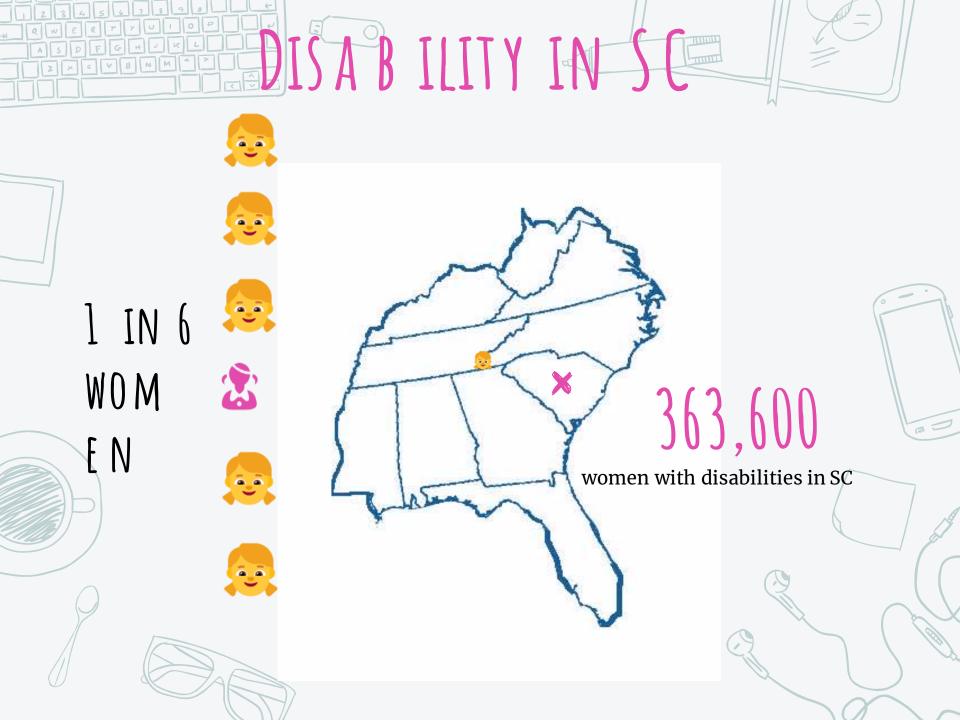


# 27 M ILLIO N

women with disabilities in the US

That's more than the total population of

GA, NC, & SC COMBINED





- XLack of appropriately tailored sex ed for girls and women with disabilities
- **X**Current legislation does not require medically accurate info in SC sex ed curriculum
- ×Few, if any, social activities pertaining to sexuality and disability

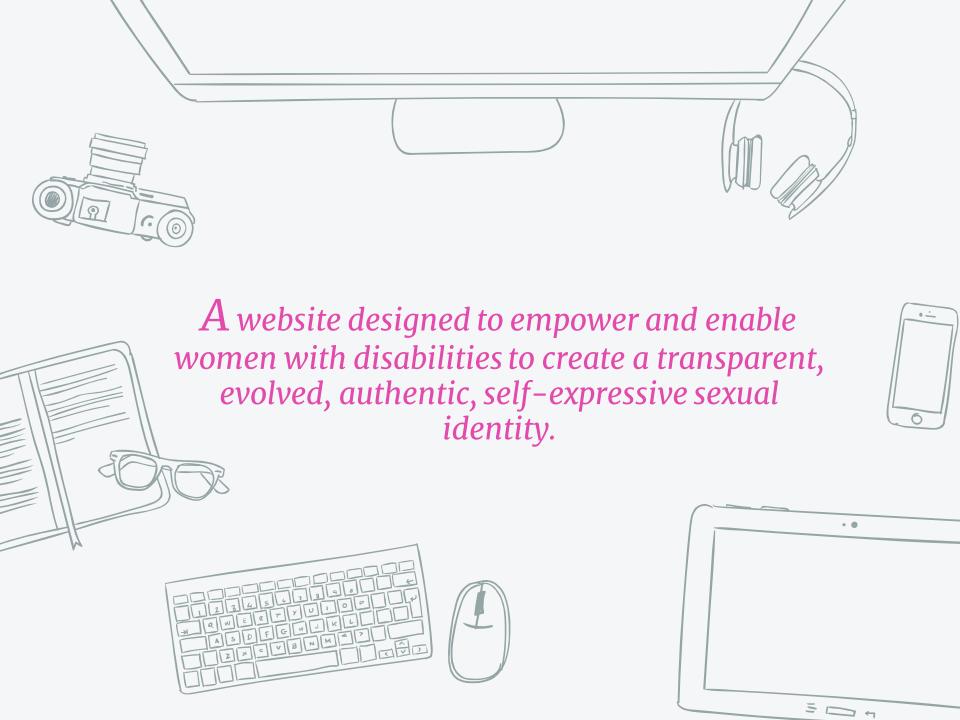


- ×Physical and economic barriers to sexual and reproductive healthcare (SRH)
- **X**Current sex ed curriculum uses a predominately heteronormative, orgasmocentric view of sexuality
- **X**Few, if any, opportunities to work with policy makers to address issues specific to their own sexual health











## GOALS

#### **Educate**

Create a platform that can be used from home, in private by WWD, their families, aides, or physicians.

#### Advocate

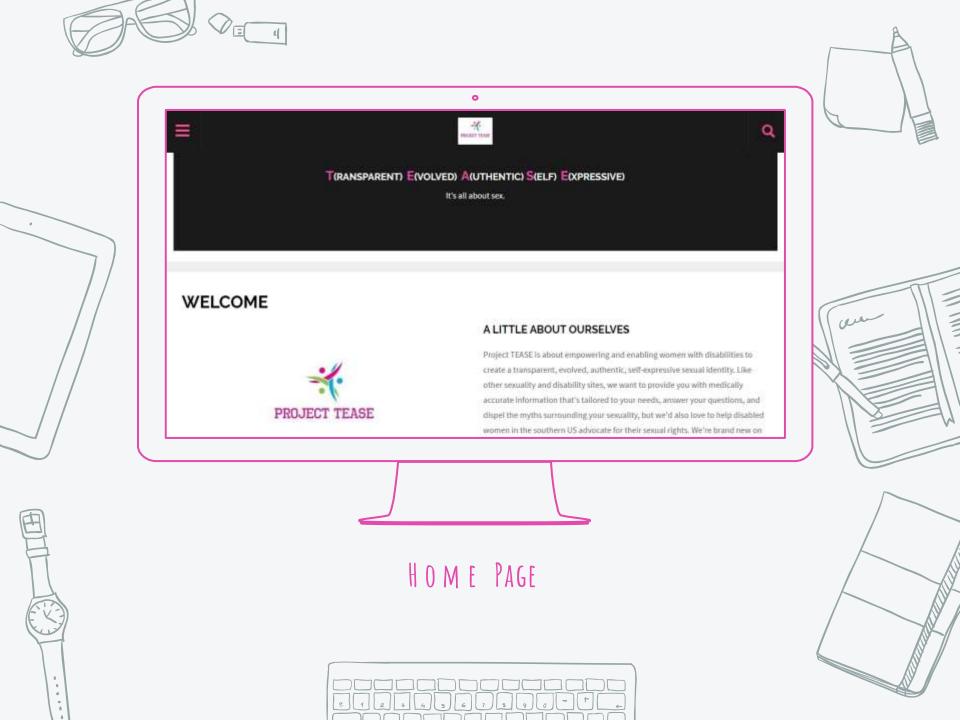
Create opportunities to work with policy makers, researchers, and local education boards to reorganize the bounds of independent living by using their own unique voices.

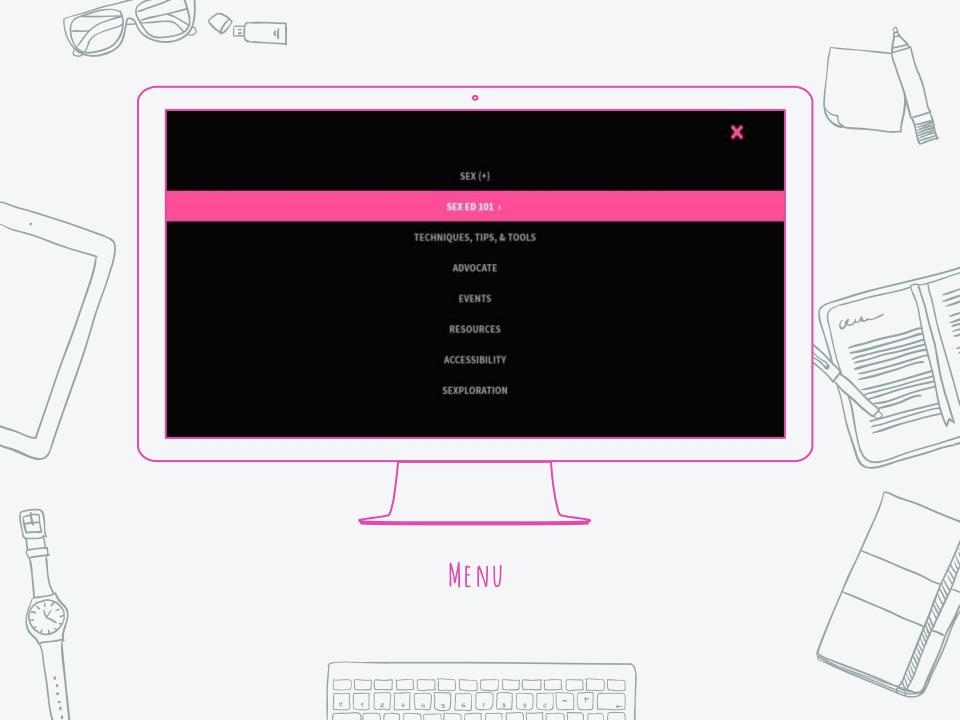
#### **Collaborate**

Connect WWD to organizations on the local, state, and federal level. Create a forum in which ideas about their sexuality can be discussed, discretely or publicly. Give them an opportunity to educate the public about D & S.











0



#### SEX (+)

#### DEFINING SEX

#### What is sexuality?

"... a central aspect of being human throughout life encompasses sex, gender identities and roles, sexual orientation, eroticism, pleasure, intimacy and reproduction. Sexuality is experienced and expressed in thoughts, fantasies, desires, beliefs, attitudes, values, behaviours, practices, roles and relationships. While sexuality can include all of these dimensions, not all of them are always experienced or expressed. Sexuality is influenced by the interaction of biological, psychological, social, economic, political, cultural, legal, historical, religious and spiritual factors." (WHO, 2006a)

#### What are my sexual rights?

"The fulfillment of sexual health is tied to the extent to which human rights are respected, protected and fulfilled. Sexual rights embrace certain human rights that are already recognized in international and regional human rights documents and other consensus documents and in national laws.

Digitals exists at the mealingtime of course health include









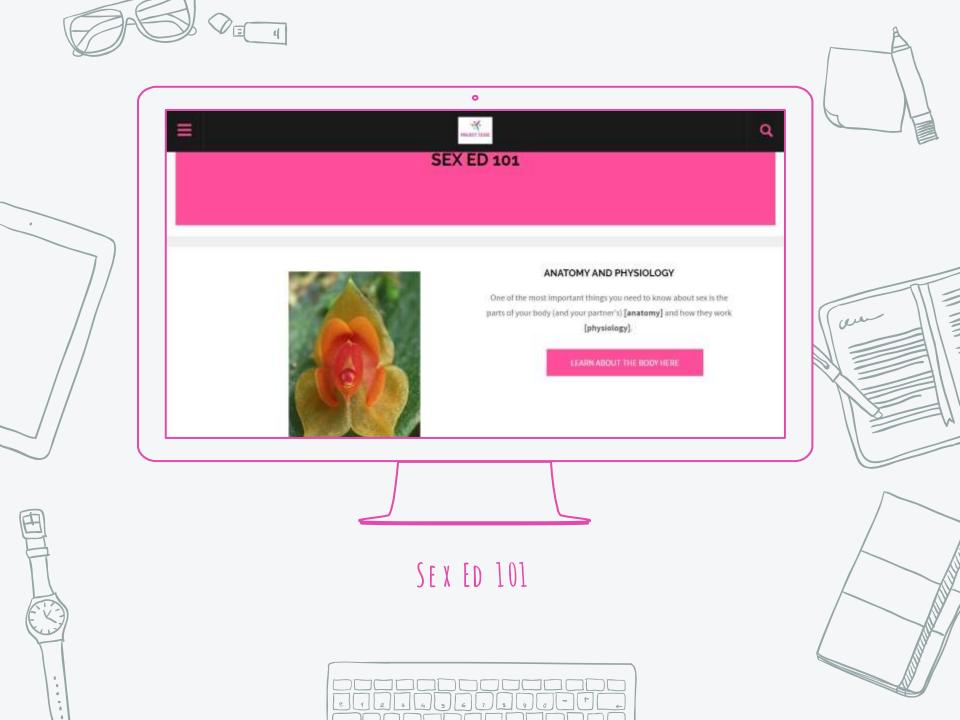


Sexuality is the free expression of one's authentic self, in all of our lovely dimensions. We believe in transparency and honesty with ourselves and with whom we choose to share our sexuality.

We respect the rights of others to freely express themselves and require as much from those who we love, like, or enjoy.

We are sexual beings because we are human, not in spite of our humanity. We have the right to be educated about our bodies, our emotions, and our potential for love.

-Project/TEASE





## **Anatomy & Physiology**

Highly detailed descriptions of female and male sex organs, as well as basic physiology of sexuality. These topics will be broadened for those with spinal cord injuries and other disabilities that include differences in tactile or neural processing.







## **Personal Hygeine**

A "how-to" guide to the vagina and penis. Basic information on cleanliness, symptoms and signs of general vaginal infections, and information about lubrications.









## **Dating & Relationships**

Discussions about safety and trust, and building relationships with others, both disabled and non-disabled. Project TEASE would love to find a blogger for this page.









## **Losing Your Virginity**

Videos, descriptions, and models discussing both the choice to remain abstinent and to have sex. Information on the "first time" and what to expect. A brief overview of contraception methods and links to sites that provide condoms and more detailed information about protection. This may be very detailed for potential blind and loss of sight visitors.







#### STI & STD

Pictures, descriptions, and information about signs and symptoms of STIs and methods of protection against them. Further links to sites that provide condoms and more detailed information about protection. A section including information about Hepatitis B, as the rate for this disease is high in women with disabilities.





# Restrictive Sex (Including Tips, Tricks, and Tools)

Discussions about positions for those who need assistance, and ways to lessen discomfort for those with chronic pain. Various tips from many different sites, as well as links to sites with toys that can be adjusted for different body types. Links and information about assistive devices. A broad discussion about alternative orgasm and non-orgasmic pleasure.





### Vanilla & Kink

Topics including paraphilias and alternative sex, with heavy emphasis on RACK (Risk-Aware Consensual Kink) practice. Differential considerations for those with neural disorders. Those with chronic pain issues find that they can control the pain using this technique. Links to sites made by disabled women for those interested in kink and alternative sex.







## **Abuse & Neglect**

Criteria for healthy, happy relationships. A discussion concerning the "novelty factor" (this is a term loosely used to describe sex by a nondisabled person with a disabled person purely for the vicissitude of the act). Links for assistance in cases concerning neglect or abuse.







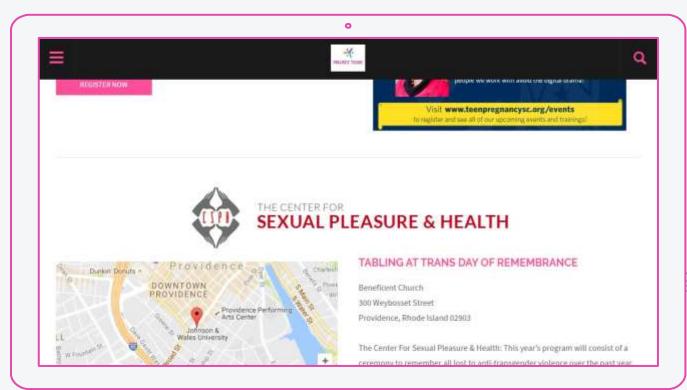
#### **Gradient of Sexualities**

Due to current time constraints, Project TEASE is not all inclusive of the LGBTQIAMSM population, but basic definitions and descriptions of the "gradient of sexualities" will be discussed. Links for women with disabilities who fall into these categories will be added.











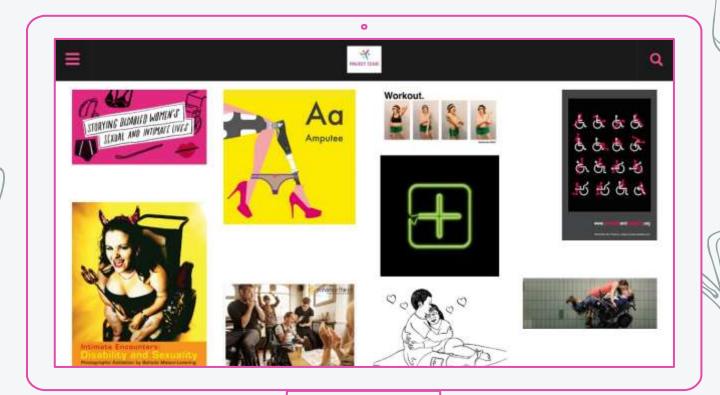










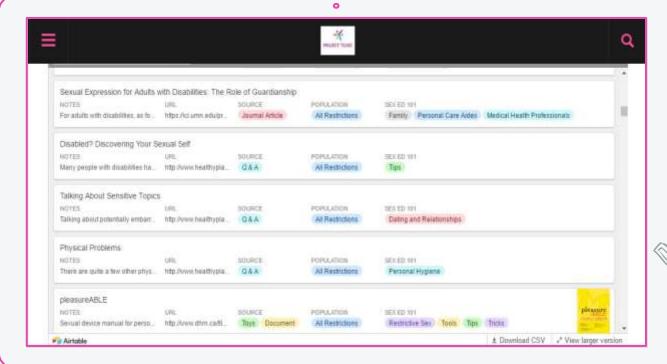




















- **×**Phone application allows for voice control
- XImproves communication skills for people with autism
- XAssistive touch technology for people with motor control issues
- **×**Allows for reading and writing of documents
- **×**Facilitates communication with others
- ×Provides information

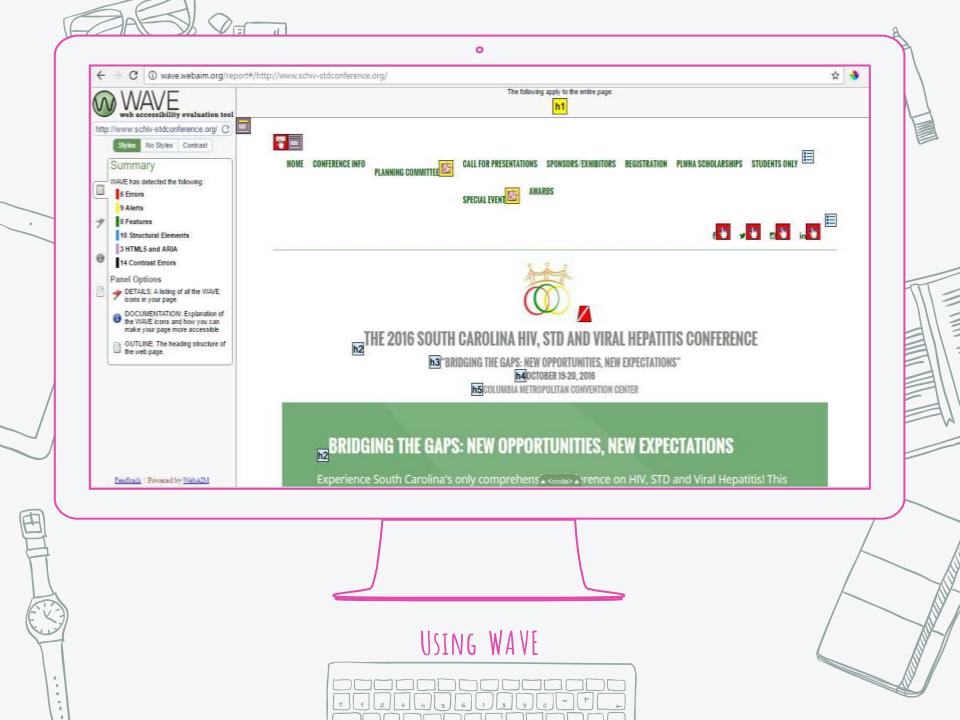


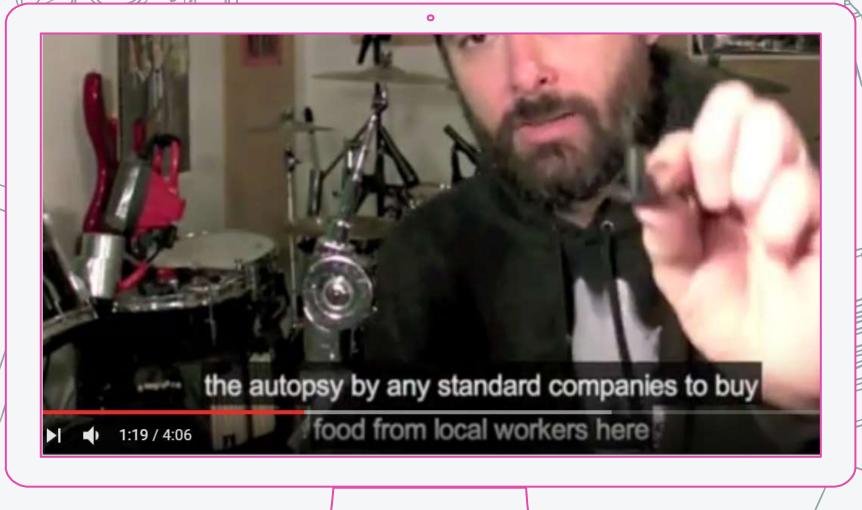
➤The page is being tested in a number of ways, including NVDA, WAVE (Web Accessibility Evaluation Tool), iPad technology, and ChromeVox.

**X**Text is simple with contrasting color, images are labeled, and the number of links per page are limited and include simple titles.

**★**The website platform used is Weebly, primarily because html/css code is relatively easy to adjust by the builder.

XYoutube videos are reviewed for closed captioning and auto captioning accuracy.





### PROBLEMS WITH AUTOCAPTIONS



### PROBLEMS WITH AUTOCAPTIONS



XProject TEASE is not designed for young girls with intellectual disabilities (ID). A daughter site should be created with their specific needs in mind. (see Pioneer)

XAlthough the site may be used either by women without disabilities or men, a brother site for men with disabilities should be created.

## LIMITATIONS TO THE PROJECT

XSome cultural and religious views were neglected in the creation of Project TEASE. Further research may assist in creating additional information on this site in a more culturally diverse manner.

XThere is a growing population of LGBTQIAMSM within the disabled community. This creates the opportunity for yet another site with information tailored to their needs.





### STORYING DISABLED WOMEN'S SEXUAL AND INTIMATE LIVES

April 14th, 2014 by Kirsty Liddiard o Comments

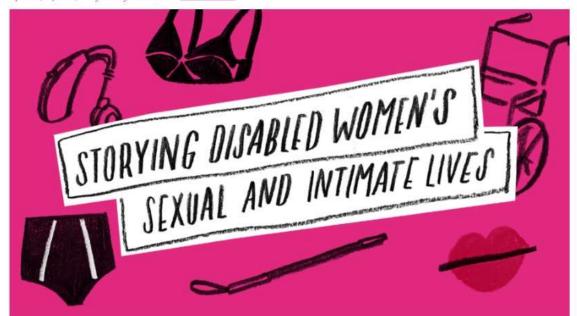


Illustration: Erin McPhee



MEET THE BLOGGERS **ANNOUNCEMENTS** BEHIND THE SCENES **BLOG SERIES** IN THE BLOG SHAMELESS PODCASTS **WEB FEATURES YOUTH VOICES BLOG PITCHES** 







## **End the Awkward**

Two thirds of people feel awkward around disability. Don't hide from it.

## End the Awkward: the basics

Five awkward things to avoid doing when you meet a disabled person



Not enough people know or interact with disabled people. Because of that they often don't know what to do. They panic, or worse, just avoid situations for fear of doing the wrong thing.

## END THE AWKWARD-UK





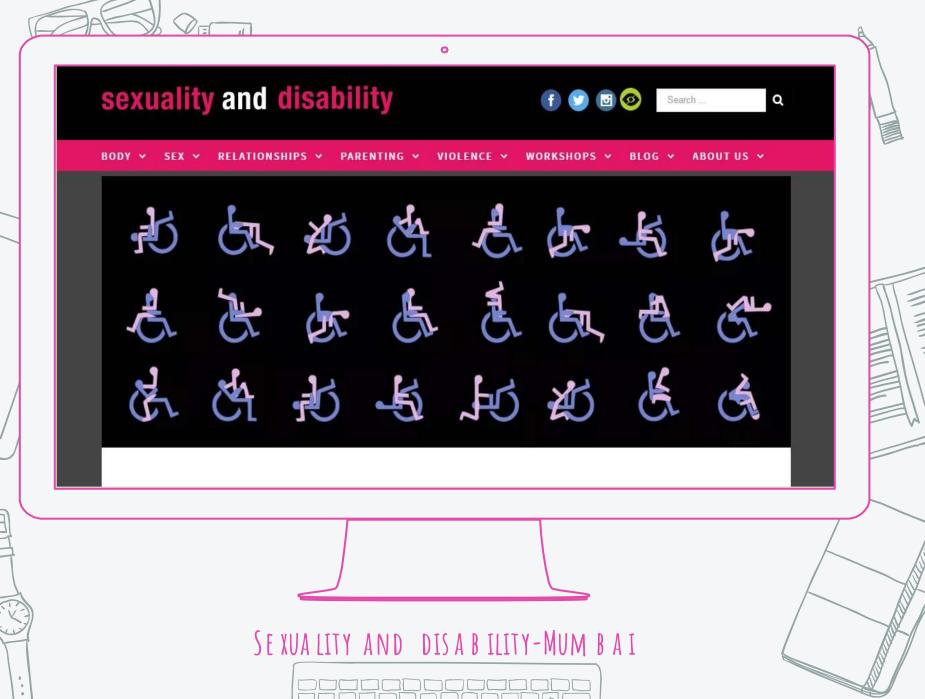


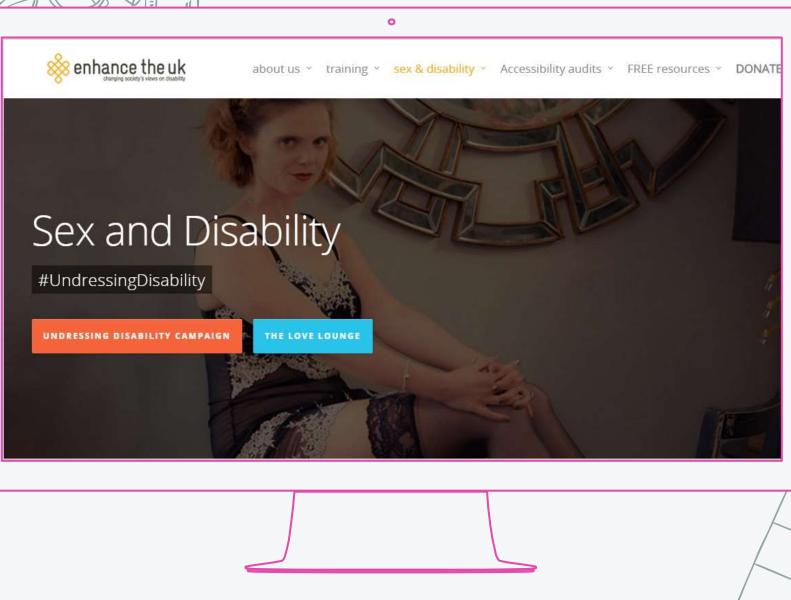
NATIONAL CENTER ON HEALTH, PHYSICAL ACTIVITY,





## DR. WELLGOOD-UK





## ENHANCE THE UK-UK





All images & media in this story

- - To comments 0 people have commented

## Story: Sexualities

Part of page 7 - People with disabilities

Previous









Disability and sexuality

Next



## TE ARA-NEW ZEALAND





Home Blog and Events Who We Are Services Projects Shop and Gallery Contact





















#### Friendships and Relationships

32-page accessible booklet covering making friends, issues of trust, developing and ending a relationship, personal safety and making choices.

#### My Pregnancy, My Choice

2016 edition covering all aspects of ante-natal care from knowing you are pregnant to the first days with your baby.

#### Parenting Collection

Full collection of CHANGE Parenting Books. All images used in these books are available in our Media Gallery

#### Sexuality Collection

Contains all 5 accessible booklets about sex and relationships. All images in these booklets are available in our Media Gallery.

#### Lesbian, Gay, Bisexual and Trans

40-page accessible booklet covering sexuality, being lesblan, gay, bisexual and/or trans, talking about your sexuality, bullying and safe sex.













# THANKS! Any questions?

You can find me at: www.morgansvarn.com morgansvarn@gmail.com





